

# Soccer 101:

## Tips, Drills & Fundamentals

- Learn correct positioning of players, offensive and defensive concepts, fundamental drills and practice strategies.
- Understand the rules of the game including fouls, off sides and referee signals.
- Excellent information for parents, grandparents, youth soccer coaches or anyone interested in the basics of soccer.

Wednesday, February 17, 2010, 6:30 - 8 p.m.

St. John's Hospital AthletiCare™, 3631 S. Sixth Street, Springfield, IL

*Presentations by:*

Mike Lindsey, Head Soccer Coach, Sacred Heart-Griffin High School

Paul Marconi, Director of Youth Soccer, Springfield YMCA



FREE Seminar. Registration required. Call (217) **744-PLAY** (7529).